



Week 3—Grace

Ephesians 1:1-10.

What does grace mean to you?

What do you think Paul means when he says that God has lavished his grace on us?

How does this affect the way you think about God?

How does this affect the way you think about your own life?

Below are some ways you might find yourself feeling. Talk about the way the message of grace from God can speak to these thoughts and feelings:

1. I was trying to change but I messed up again.
2. I look at others and I just don't think I measure up.
3. I didn't take communion this last Sunday because I had such a bad week.

Titus 2:11-14

God's grace brings forgiveness and acceptance, but what else does it do?

Because of grace, should we no longer be concerned about sin?

1 Corinthians 15:9-11

Discuss the attitude we see in Paul that we should all have in our lives as well.

Extra thoughts: Each week when the body of Christ comes together, one of the things we do is take the Lord's Supper which we sometimes call communion. This is a special time when we take bread and the fruit of the vine. Here is what that is about:

The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." In the

same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.” For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.

1 Corinthians 11:23-26

The bread that we eat together is to us the body of Jesus. The cup we drink is to us the blood of Jesus that established the new covenant. In this time *together* we are celebrating the grace of God even as we are looking forward to the return of Jesus. What can you do to make these sacred moments? What is the significance of the fact that we do this *together*?

Pray together.