



Week 11 – Discipline

The life of a disciple of Jesus can be described as *a disciplined life*. Talk about how you feel about the word *discipline*? Is it a negative or positive word for you? What experiences have you had that affect the way you think about it? Would you describe yourself as a naturally disciplined or undisciplined person?

You recently made the decision to become a disciple of Jesus. Another way to think about that is that you've decided to put yourself under the discipline of Jesus. That means you want to put all the areas of your life under the lordship of Jesus. How does this affect the way you think about the idea of discipline?

2 Timothy 2:1-7

Paul gives us three analogies or metaphors for the Christian life. Talk about the discipline that is needed to be a soldier, an athlete, a farmer. How does each of these apply to us as we follow Jesus?

1 Timothy 4:7-8

Describe some areas of your life where you have seen how important it is to get good training. When it comes to godliness or living for Jesus why does this now need to become the priority in our lives?

Talk about ways in which this spiritual training is to take place. Discuss the role of scripture, study, classes, prayer and relationships.

Is there any danger in putting too much confidence in our own disciplined life? Might **Colossians 2:20-23** be relevant?

Pray together.